

# **Cruciferous Protect**

### Effective support for the detoxification of environmental toxins

In today's world, we are exposed to toxic chemicals on a daily basis. In order to stay healthy and cope with being bombarded by these foreign compounds, our bodies engage a process called detoxification to get rid of these harmful substances, as well as to properly dispose of excess hormones and natural waste products from normal physiological processes. Cruciferous Protect contains proprietary ingredients that help support this detoxification process.

#### **Why Choose Cruciferous Protect?**

As more people turn to nutrition to boost overall health, we have discovered that fruits and vegetables are among the most protective foods in our diet. Specifically, diets rich in broccoli and related cruciferous vegetables promote a wide range of health benefits, as confirmed in over 500 scientific papers. Cruciferous Protect contains a specially cultivated form of broccoli seed which is naturally rich in the compound sulforaphane glucosinolate (SGS). This compound targets biological pathways that both modulate Phase I enzymes and elevate Phase II enzymes, allowing for full and proper detoxification of unsafe compounds. In addition to helping aid in the body's detoxification, sulforaphane has been shown to have long-lasting antioxidant effects, offering protection from oxidizing free radicals. The enzyme myrosinase is required to convert SGS into its active form, sulforaphane, which is responsible for these beneficial effects. Some people's bodies don't make this conversion effectively, leaving them with less sulforaphane. The Cruciferous Protect formula includes myrosinase to ensure the full potency of sulforaphane.

## **Highlights**

- Contains a specially cultivated, proprietary form of broccoli seed grown and processed in North America; it is extracted using a clean, non-toxic process, resulting in an all-natural final product with no remaining solvent residue.
- Includes only 1.5 mcg of vitamin K (the equivalent of the amount contained in one potato) per two capsules, making this product safe for most people taking blood thinners under medical supervision.
- Unlike cruciferous veggies, it does not contain goitrogens, which are naturally occurring compounds that may block the uptake of iodine by the thyroid gland.
- Added myrosinase many commercially available broccoli seed extract products do not contain myrosinase; Cruciferous Protect goes the extra mile to facilitate the conversion to active sulforaphane, and also includes preformed sulforaphane to ensure maximal efficacy.\*

#### Recommended Use:

Take one capsule per day, or as directed by your health care practitioner. Can be taken with a meal for optimal absorption. Available in 60 and 90 capsule offerings

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

